



Reopening Implementation Plan for the Pennsylvania Department of Human Services’s Interim Guidance for Personal Care Homes, Assisted Living Residences and Private Intermediate Care Facilities During COVID-19

FACILITY INFORMATION	
This section contains the name and location of the facility along with contact information for an individual designated by the facility. That individual does not have to be the Administrator but should be someone available to respond to questions regarding the Implementation Plan.	
1. FACILITY NAME	
Rest Haven York	
2. STREET ADDRESS	
1050 South George Street	
3. CITY	4. ZIP CODE
York	17403
5. NAME OF FACILITY CONTACT PERSON	6. PHONE NUMBER OF CONTACT PERSON
Christine Leppo, Director of Nursing	717-843-9866

DATE AND STEP OF REOPENING	
The facility will identify the date upon which all prerequisites will be met to begin the reopening process and the Step at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health survey was conducted (that is required prior to reopening).	
7. DATE THE FACILITY WILL ENTER THE REOPENING PROCESS <i>Click or tap to enter a date.</i>	
14 days after the most recent positive COVID-19 test from a resident or staff member.	
8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER THE REOPENING PROCESS – EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)	
<input checked="" type="checkbox"/> Step 1 <i>The facility must meet all the Prerequisites included in the Interim Guidance for Personal Care Homes, Assisted Living Residences and private Intermediate Care Facilities During COVID-19</i>	
<input type="checkbox"/> Step 2 <i>The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the June 26, 2020, Order of the Secretary of Health)</i> AND <i>Have the absence of any new facility onset of COVID-19 cases for 14 consecutive days since baseline COVID-19 testing</i>	
9. HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)	
Yes.	

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to enter the reopening process).

10. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN JUNE 14, 2020 AND AUGUST 31, 2020) IN ACCORDANCE WITH THE [JUNE 26, 2020, ORDER OF THE SECRETARY OF HEALTH](#)

Baseline universal testing was completed on 06/22/2020. [Click or tap to enter a date.](#)

11. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINISTERED TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITHIN 24 HOURS

Any symptomatic residents will be tested using one of two possible rapid result COVID-19 tests available on site at all times, with results provided 15 minutes after test is administered.

12. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINISTERED TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK, INCLUDING ASYMPTOMATIC STAFF

Rest Haven York is contracted with Molecular Testing Labs. Testing supplies are kept on site at all times and the lab will overnight additional supplies as needed. Specimens are shipped priority overnight to the lab for testing. Rapid result testing is also available as needed.

13. DESCRIBE THE PROCEDURE FOR TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

As non-essential staff and volunteers return to Rest Haven, testing will be completed prior to their return.

14. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

Staff members who decline to be tested are unable to work at Rest Haven York. Residents who decline to be tested will be quarantined for a 14 day period with increased monitoring of vital signs and potential symptoms.

15. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH [PA-HAN-509](#) PURSUANT TO SECTION 1 OF THE *INTERIM GUIDANCE FOR Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities DURING COVID-19*.

In the event of positive COVID-19 cases, Rest Haven York has dedicated areas to cohort or isolate positive residents from the general population. The primary isolation area is Rooms 101-111 in the Evans Rehab Unit, which has fire doors separating it from the rest of the Rehab Unit and the long term care area, as well as its own entrance. Additional isolation rooms can be added as needed.

16. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

Rest Haven York has an adequate supply of PPE and allocations from distributors of PPE have been established for ongoing supply needs.

17. DESCRIBE THE CURRENT STAFFING STATUS AND THE PLAN TO ENSURE NO STAFFING SHORTAGES

Staffing remains constant at Rest Haven York and we continue to hire for vacancies as needed. To ensure no staffing shortages, we adjust staff schedules and utilize staff who are not on site to come to the facility as needed. Additionally, Rest Haven York has current contracts with multiple staffing agencies.

18. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES AND RETURN TO STEP 1 IF THE FACILITY HAS ANY NEW ONSET OF POSITIVE COVID-19 CASES

In the event of new positive COVID-19 cases, all re-opening plans will be withheld until there have no new cases of illness in staff or residents for 14 consecutive days since the last documented positive case. All efforts towards re-opening will revert to Step 1 at this time.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus. Include how the data will be submitted to the Department.

19. RESIDENTS

Residents are screened regularly for COVID-19 symptoms as identified by the CDC. Any resident who presents as symptomatic or has a fever above 99 degrees Fahrenheit is referred to their physician.

20. STAFF

Employees are screened upon entry for COVID-19 symptoms as identified by the CDC and their temperature is taken and recorded. Anyone who presents as symptomatic or has a fever above 99 degrees Fahrenheit is immediately sent home.

21. HEALTHCARE PERSONNEL WHO ARE NOT STAFF

All persons entering Rest Haven York will follow the protocol outlined in Question #20.

22. NON-ESSENTIAL PERSONNEL

As non-essential staff return to Rest Haven York, they will follow the protocol outlined in Question #20.

23. VISITORS

Visitors will follow the protocol outlined in Question #20.

24. VOLUNTEERS

As volunteers return to Rest Haven York, they will follow the protocol outlined in Question #20.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.

25. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)

Residents may eat in the dining room with social distancing precautions in place. Staggered meal hours are unnecessary at this time.

26. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING

Tables are arranged so that residents are a minimum of 6 feet apart. One resident is allowed per table; two residents are allowed at a table only if they are roommates.

27. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF

Residents will perform hand hygiene, or have staff assist them with hand hygiene, before meals. Residents that cough must eat in their rooms. Staff will perform hand hygiene each time when switching assistance between residents.

28. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING

Rest Haven York is dedicated to providing a safe social and communal dining experience for our residents. We are monitoring the situation for any improvements that can be made.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

ACTIVITIES AND OUTINGS

29. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Activities available during Step 1 include, but are not limited to, table games, spiritual readings and discussion, music appreciation, art projects, bingo, movies, and sitting on the front porch. Residents must be spaced at least 6 feet apart, wear a face mask, and perform hand hygiene before and after the activity.

30. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Activities available during Step 2 include, but are not limited to, table games, spiritual readings and discussion, music appreciation, art projects, bingo, movies, and sitting on the front porch. Residents must be spaced at least 6 feet apart, wear a face mask, and perform hand hygiene before and after the activity.

31. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Activities available during Step 3 include, but are not limited to, table games, spiritual readings and discussion, music appreciation, art projects, bingo, movies, and sitting on the front porch. Residents must be spaced at least 6 feet apart, wear a face mask, and perform hand hygiene before and after the activity.

32. DESCRIBE OUTINGS PLANNED FOR STEP 3

Outings are permitted if social distancing between residents can be maintained. Hand hygiene and universal masking is required.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel deemed necessary by the facility are allowed (in addition to those already permitted in Section 4 of *Interim Guidance for Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities During COVID-19*). In Step 3, all non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

33. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED NECESSARY AT STEP 2

Non-essential personnel determined necessary are those related to life safety issues and resident care needs. The number of personnel will be limited to the minimum number necessary to meet these needs.

34. DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-ESSENTIAL PERSONNEL AT STEPS 2 AND 3

Non-essential personnel are allowed as deemed necessary by the facility with screening, social distancing, hand hygiene, and universal masking. Personnel will be required to review these measures as needed.

35. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

If a resident tests positive for COVID-19, all re-opening measures will cease and non-essential personnel will no longer be allowed in the facility. Re-opening procedures will not resume until facility goes 14 days with no new resident or staff COVID-19 cases.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of *Interim Guidance for Personal Care Homes, Assisted Living Facilities and Intermediate Care Facilities During COVID-19*), the following requirements are established. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.

VISITATION PLAN

36. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT

Visitation must be scheduled during visitation hours and may be limited to ensure all residents are allotted time for visits. Each visit is a maximum of 30 minutes.

37. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR

Visitors will schedule visits by calling the facility Recreation Department.

38. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT

Visitation will be scheduled in such a way as to allow proper time for sanitization between visits. Visitation areas have an adequate number of CDC-approved sanitizing products on hand, as well as a trash receptacle.

39. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?

Each resident is allowed a maximum of 2 visitors at a time. Children under the age of 18 are only permitted to visit when accompanied by an adult. Additional visitors will be considered on a case-by-case basis.

40. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED

Visitation is scheduled at family request and scheduling will reflect the order in which these requests are received. Additional prioritization of visits will be determined on a case-by-case basis (eg, end of life care, compassionate visits).

41. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING RESIDENT TO VISITOR LOCATION)

Rest Haven York will identify residents who can safely accept visitors through regular screening for COVID-19 symptoms. Residents who are free of symptoms may receive visitors. There are no issues identified with transporting residents to designated visitation areas. Outdoor visitation is dependent on favorable weather; residents can request supplies as needed to make their outdoor visit more comfortable (eg, a blanket in cooler weather).

STEP 2

42. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE

Outdoor visitation will take place in neutral zones, predominantly the covered front porch and back patio with canopy. When weather does not permit outdoor visitation, visits will be moved indoor (see #44). Both the front porch and back patio areas are located immediately next to previously-established visitor parking.

43. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS

Outdoor visitation areas have been marked with tape to clearly define six-foot social distancing space.

44. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE

Indoor visitation is only to be used when weather does not permit outdoor visitation. Indoor visitation will be conducted in neutral zones, primarily the Administrator's office, living room, and classroom. All three of these areas are accessible via the main entrance of Rest Haven York, located next to previously-established visitor parking.

45. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS

Indoor visitation areas have been marked with tape to clearly define social distancing space.

VISITATION PLAN

STEP 3	<p>46. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION)</p> <p>Rest Haven York will identify residents who can safely accept visitors through regular screening for COVID-19 symptoms. Residents who are free of symptoms may receive visitors. There are no issues identified with transporting residents to designated visitation areas.</p>
	<p>47. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52</p> <p>Yes, weather permitting.</p>
	<p>48. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>Same as Step 2.</p>
	<p>49. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>Same as Step 2.</p>
	<p>50. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>Same as Step 2.</p>
	<p>51. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>Same as Step 2.</p>
	<p>52. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S ROOM</p> <p>In room visitation may occur only if the resident is unable to be transported to a designated neutral zone. Visitors will be screened for COVID-19 symptoms. Social distancing, hand hygiene, and universal masking will be required.</p>

VOLUNTEERS

<p>In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers.</p>
<p>53. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19</p> <p>Volunteers will be expected to comply with facility procedures regarding screening, social distancing, hand hygiene, and universal masking. Volunteers may be required to review these measures as needed. If a resident tests positive for COVID-19, all re-opening measures will cease and visitors will no longer be allowed in the facility. Re-opening procedures will not resume until facility goes 14 days with no new resident or staff COVID-19 cases.</p>
<p>54. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2</p> <p>Visitors are allowed only for the purpose of assisting with visitation protocols, including scheduling, transporting residents, and monitoring visits.</p>

Meghan Schron

 SIGNATURE OF ADMINISTRATOR

10/09/2020

 DATE