

Rest Haven York Nursing Policy and Procedure Manual

SUBJECT: COVID- 19 REOPENING PLAN

POLICY:

It is the policy of this facility to initiate re-opening of the facility after a COVID-19 Outbreak when there have been no new cases of illness in staff or residents for 14 consecutive days since the last documented positive case.

PURPOSE:

To provide a uniform process in which the facility is reopened after a COVID-19 outbreak to ensure the health, safety, and physical, mental and psychosocial well-being of residents.

PROCEDURE:

1. Universal testing of residents and staff will continue throughout pandemic as mandated by the PA Department of Health and CMS.
2. All individuals entering the facility will be screened for COVID-19 and will have their temperature checked. Masks are required to enter facility; a cloth mask is acceptable for visitors.
3. Residents positive for COVID-19 will be co-horted in the RED zone. During a facility outbreak all re-opening plans will be withheld until there have been no new cases of illness in staff or residents for 14 consecutive days since the last documented positive case.
4. Once there have been no new cases of illness in staff or residents for 14 consecutive days since the last documented positive case and all prerequisites as outlined by the Department of Health are met Step 1 of re-opening plan may be initiated.
 - a. Residents may eat in the dining room with social distancing; one resident per table with residents spaced 6 feet apart. 2 residents may sit at one table if they are roommates. Residents that cough must eat in their room. Staff will perform hand hygiene each time when switching assistance between residents.
 - b. Activities may be conducted with a maximum of 5 residents. Residents must be spaced 6 feet apart, wear a face mask and perform hand hygiene before and after the activity.
 - c. Compassionate Caregivers are permitted. Residents must have 2 or more documented "significant changes in condition". A significant change is defined as "A major decline or improvement in a resident's status that : 1)will not normally resolve itself without intervention by staff or by implementing standard disease-related clinical interventions 2) impacts more than one area of their health status 3) required interdisciplinary review and/or revision of care plan. Caregivers must show proof of negative COVID-19 test within the prior 7 days and will need to comply with ongoing testing that applies to facility staff.

Caregivers should not visit for more than 2 hours per day, and there should be no more than 2 caregivers at one time. Staff education and monitoring will be provided throughout visit to ensure proper infection control interventions are implemented during visit.

5. Once there have been no new cases of illness in staff or residents for 14 consecutive days since the initiation of Step 1, Step 2 of re-opening plan may be initiated.
 - a. Activities may be conducted with a maximum of 10 residents. Residents must be spaced 6 feet apart, wear a face mask and perform hand hygiene before and after the activity.
 - b. Non-essential personnel are allowed as deemed necessary by facility with screening, social distancing, hand hygiene and universal masking.
 - c. Volunteers are allowed only for the purpose of assisting with visitation protocols: scheduling visits, transporting, and monitoring visits. Screening, social distancing, hand hygiene and universal masking required.
 - d. Outdoor visitation (weather permitting) is allowed in neutral zones (front porch and back patio). Only when weather does not permit can indoor visitation be conducted in neutral zones (Administrator's office, living room, classroom). Cross over visitation (a visitor is coming from another facility) is only permitted if there is no new outbreak in the facility in which the visitor resides. A 6-foot distance must be maintained between visitor and resident. Visitation must be scheduled during visitation hours and may be limited to ensure all residents are allotted time for visits. Each resident may have a maximum of 2 visitors at one time for a maximum of 30 minutes. Children are permitted to visit when accompanied by an adult visitor. Visitation areas will be sanitized between visits. Visitors not compliant with policy will not be permitted to visit.
6. Once there have been no new cases of illness in staff or residents for 14 consecutive days since the initiation of Step 2, Step 3 of re-opening plan may be initiated.
 - a. Activities may be conducted with residents as long as residents can be spaced 6 feet apart, wear a face mask and perform hand hygiene before and after the activity.
 - b. Indoor visitation is allowed in the neutral zones. In room visitations may occur only if the resident is unable to be transported to a neutral zone. Cross over visitation (a visitor is coming from another facility) is only permitted if there is no new outbreak in the facility in which the visitor resides. A 6-foot distance must be maintained between visitor and resident. Visitation must be scheduled during visitation hours and may be limited to ensure all residents are allotted time for visits. Each resident may have a maximum of 2 visitors at one time for a maximum of 30 minutes. Children are permitted to visit when accompanied by an adult visitor. Visitation areas will be sanitized between visits. Visitors not compliant with policy will not be permitted to visit.
 - c. Outings are permitted if social distancing between residents can be maintained, hand hygiene and universal masking required.